

RUN FOR IT Explained

At its heart, Run For It has two goals:
 1. To encourage participation in a healthy activity (running & walking).
 2. To leverage funds for area causes.

Pick one, two, or three ways to get involved!



RACERS

Runners and walkers, rollers and strollers. Racers in support of the same cause can form a team to compete for awards.
 [Team captain info # on page 6]



TEAM SPONSORS

Individuals, groups, and businesses who choose to support one or more teams. Team sponsors may support their own and/or other teams. [See page 8]



RACE SPONSORS

Individuals, groups, and businesses who choose to support the Run For It event.
 [More info on page 9]



ENTRY FEES

Racers register for the event by submitting an entry form. Identify your team or cause on the first line. \$5.00 of the entry fee goes to your cause. Form a team and raise additional support through entry fees.



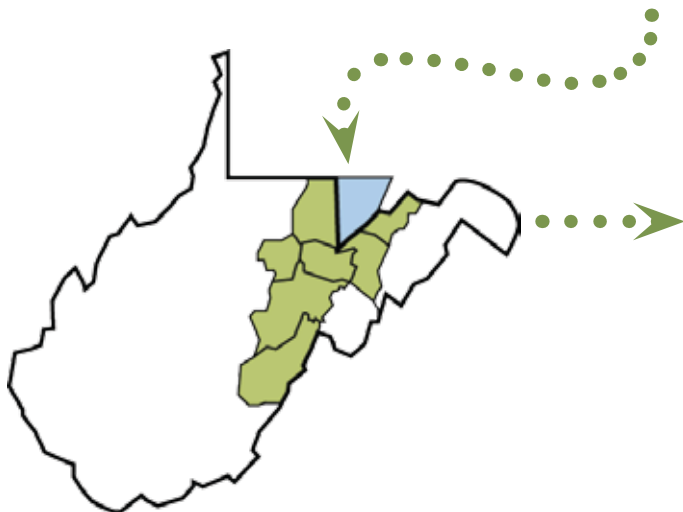
SPONSOR DONATIONS

Team Sponsors can donate any amount to any number of causes using the donation coupon. 100% of sponsor donations support the team's cause.



AWARDS

The Foundation seeds the race awards purse. **Race Sponsors** supplement these awards. This leads to large cash prizes for teams demonstrating the Best Effort as well as the fastest 5k runners and 2k walkers. The team or cause receives 100% of cash awards.
 [See page 7 for more info]



Participants can raise support for:

- Arts
- Area Programs
- Animal Welfare
- Charities
- Churches
- Civic Organizations
- Community Improvement
- Cultural Organizations
- Educational Activities
- Emergency Services
- Environmental Causes
- Historic Preservation
- Hospital & Medical Programs
- Libraries & Literacy Programs
- Non-profit Organizations
- Parks & Recreation
- Senior Citizen Programs
- TCF Operations
- Youth Organizations

Proceeds support causes within: Barbour, Grant, Mineral, Preston, Pocahontas, Randolph and Tucker counties, WV and Garrett County, MD.

*Register before 9:30 a.m.
 September 28, 2019*

For online registration and current list of teams visit:
tuckerfoundation.net/run | raceroster.com/22458

